# WELLNESS CATERING MENU



REFRESHINGLY
DELICIOUS AND
HEALTHY OPTIONS
FOR INTIMATE
GATHERINGS IN THE
BRAINERD LAKES
AREA.

## WELLNESS CATERING MENU



### BEVERAGES+INTERACTIVES

SERVES 8

120z Cold Pressed Juices 2 best selling varieties	\$72
40z Wellness Shots- 1 best selling flavor	\$48
120Z Smoothies-2 best selling varieties	\$72
Recess Magnesium Calm 120z Cans	\$40
Interactive Fresh Juice Bar	\$240
Just Beans Organic Coffee	\$20
add vanilla cinnamon oat milk creamer	\$10
Cold Pressed Juice for Mimosa Bar 320z Bottles	\$25

### CRUDITE PLATTER

A vibrant assortment of crisp, garden-fresh vegetables including bell pepper, celery, carrot, asparagus, snap peas, and other seasonal favorites—perfect for light, nourishing snacking.
Includes Roasted Garlic Hummus for dipping.
Serves 10 \$55

### TASTY TREATS

Sourdough Sea Salt Chocolate Chip Cookies (8)	\$36
Sourdough Brownies (8)	\$52
Combo Cookie+Brownie (4 of each)	\$44
Sourdough Cinnamon Rolls with frosting (8)	\$56
Peanut Butter Protein Balls GF (8 pieces)	\$20
Almond Butter Protein Balls GF (8 pieces)	\$24

### FRESH FRUIT PLATTER

A colorful medley of fresh fruit including strawberries, pineapple, grapes, blueberries, and other seasonal selections—naturally sweet, hydrating, and nourishing Serves 10 \$65

Combo Platter Fruit+Veg GF Serves 10 \$65

### WRAPS

8 full wraps (GF wraps available upon request)

Hummus+Loaded Veggie	\$64
Garlic Hummus, seasonally available vegetables-served cold	!
Turkey Pesto, Bell Pepper, Spring Mix and Tomato	\$8o
Sliced turkey, fresh veggies-served cold	
Chicken Artichoke Spinach	\$8o
Grilled chicken, fresh veggies-served cold	

### SALADS (GF+VEGAN)

Sweet Potato and Kale Crunch Salad serves 8 \$60
Crunchy Kale, diced sweet potatoes, bell peppers salted sunflower seeds, house made citrus dressing

Farmers Market Salad serves 8 \$65
spring mix, seasonal veggies, sunflower seeds, microgreens and vegan vinaigrette dressing

# WELLNESS CATERING MENU



## BUILD YOUR OWN YOGURT PARFAIT (V+GF)

Build Your Own Yogurt Parfait
Start with creamy Greek yogurt and personalize your bowl with fresh fruit, crunchy granola, and a drizzle of honey. A nourishing and delicious way to fuel your day, crafted to your taste.

Your kit Includes a large bowl of Greek Yogurt. Blueberries, strawberries, honey and GF granola Dairy Free available upon request for an additional charge

BYO Yogurt Bowl for 10 \$85 BYO Yogurt Bowl for 20 \$165

### SMOOTHIE BOWLS (V+GF)

Choose your smoothie bowl variety
1 per person

#### MANGO+BLUEBERRY BOWL \$10 each

mango blueberry banana honey base, topped with shredded coconut, strawberries, chia seeds, bee pollen and granola (GF available upon request)

#### 4 BERRY BANANA BOWL \$10 each

strawberries, blueberries, blackberries, raspberry and banana base. Topped with strawberries, blueberries, gluten free granola, chia seeds and wildflower honey.

#### PEANUT BUTTER PROTEIN BANANA BOWL \$12 each

cottage cheese, greek yogurt, peanut butter, banana base. Topped with cacao nibs, blueberries, cinnamon, crunchy almonds, hemp hearts and sea salt.

## BUILD YOUR OWN OVERNIGHT OATS (V+GF)

Enjoy a hearty base of creamy overnight oats and make it your own!

Your kit includes: a large bowl of overnight oats. Blueberries, strawberries, honey, granola

BYO Overnight Oat Bowl for 10 \$80 BYO Overnight Oat Bowl for 20 \$155

# MINI YOGURT PARFAITS (GF)

Greek Yogurt topped with fresh fruit, granola and wildflower honey 8 mini parfaits \$50 Dairy Free available upon request

# MINI CHIA PUDDINGS (GF+VEG)

Chia Pudding topped with fresh fruit, GF granola and honey 8 mini puddings \$45

### DROP OFF/PICK UP INFORMATION:

Pick up in Nisswa: Free

Delivery Fees: \$15 within 15 miles of Just Juice Nisswa

All items are served in disposables

Disposable tongs, and serving spoons, \$2 each

Disposable plates, napkins, silverware \$3 per person

Orders must be placed 2 weeks in advance and paid in full before event date

#### ON SITE INFORMATION:

Hourly Room Rate: \$40
18% service charge on food and beverage for in house events
plates, silverware and disposable napkins for 24: included
Cushioned Chairs for 24: included
Table and Black Linens: included
Buffet tables with Black Linen: included
No outside food or beverages allowed

please inquire about desserts and alcohol

# FRESH JUICE BAR EXPERIENCE

